

2022 SWOSSAA TRACK & FIELD SCHEDULE

WED. MAY 18

2:15 Steeplechase (G/B)	2:30 Boys PV (all divisions), Para SP***
2:45 Hurdle Semi-Finals (NG, JG,SG,NB,JB,SB)	NG LJ, JG TJ, SG HJ, NB SP, JB Dis, SB Jav
3:25 100 Semi-Finals (NG, NB, JG, JB, SG, SB)	***Ambulatory or Wheelchair only
3:55 400 Timed Finals (NG, NB,JG, JB, SG,SB)	
TRACK BREAK	4:00 NG SP, JG Dis, SG Jav, NB LJ, JB TJ, SB HJ
5:00 Hurdle Finals (NG,JG,SG,NB,JB,SB)	
5:30 100 Finals (Para, NG,NB,JG,JB,SG,SB)	5:30 NG HJ, JG LJ, SG TJ, NB Jav, JB SP, SB Dis
6:00 1500 Finals (NG,NB,JG,JB,SG,SB)	
6:45 4 x 100 Relay Timed Finals (NG,NB,JG,JB,SG,SB)	

THURS. MAY 19

2:15 200 Semi-Finals(SG,SB,JG,JB,NG,NB)	2:30 Girls PV (all divisions)
2:45 800 Timed Finals(SG,SB,JG,JB,NG,NB,Para)	NG Jav, JG SP,SG Dis, NB HJ, JB LJ, SB TJ
3:45 Int Hurdles Timed Finals(SB,SG,JG,NG,JB,NB)	
TRACK BREAK	4:00 NG TJ, JG HJ, SG LJ, NB Dis, JB Jav, SB SP
5:00 200 Finals (WC,SG,SB,JG,JB,NG,NB)	
5:30 3000 Finals(SG,SB,JG,JB,NG,NB)	5:30 NG Dis, JG Jav, SG SP, NB TJ, JB HJ, SB LJ
7:00 Open Girls 4 x 400 Relay	
Individual Awards	
Open Boys 4 x 400 Relay	
Team Awards	